

SOME SWEETS WOMAN'S EXCHANGE—FASHIONS—ADVENTURES WITH A PURSE—ELOPEMENTS

RECIPES FOR HONEY GIVEN BY MRS. WILSON

This Sirupy Product Takes Place of Sugar and Contains Some Body-Building Materials

Candied Sweet Potatoes, Icing for Cakes, Gingerbread or Apple Roll Can Be Made With It

By Mrs. M. A. Wilson

SINCE the scarcity of sugar and the high price of same, I find in my mail requests for recipes using honey.

Honey, which is a natural sweet, causes less fermentation in the stomach and is a desirable sweet, as it requires no digestion to prepare it for the blood stream.

Food cooked with honey keeps more moist than that cooked with the usual sweets. Honey as a spread for bread, cereals, waffles, hot cakes and toast may replace sirup.

Honey Candied Sweet Potatoes Place in saucepan Three-quarters cup honey, Two tablespoons bacon fat, One-half teaspoon cinnamon, One-quarter teaspoon nutmeg.

Honey Cream Place in saucepan Two cups milk, One-half cup honey, One-half cup starch.

Honey Icing for Cakes Place in deep saucepan one cup of honey. Cook slowly until it forms a soft ball when tried in cold water.

Flemish Pudding Wash one-half cup of Pearl tapioca in plenty of water. Place in saucepan and add two and one-half cups of boiling water.

Honey Apple Roll Pace and chop three apples fine. Place in bowl and add One-half cup seeded raisins, One-half cup currants, One teaspoon cinnamon, One-quarter teaspoon nutmeg.

Honey Gingerbread Place in mixing bowl Three-quarters cup honey, Three-quarters cup shortening, One egg, Two cups flour, Two level tablespoons baking powder, One level tablespoon sugar.

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Some New Recipes!

Mrs. Wilson has just returned from northwest Canada, where she has been getting some brand-new recipes. They are really not new at all; they are old ones that Canadian women have been using for years.

WATCH FOR THEM!

Jelly roll. Place in well-greased pan and bake in moderate oven 35 minutes. Beat every 10 minutes while baking with one-half cup of honey.

Mrs. Wilson Answers Queries

My Dear Mrs. Wilson—Will you kindly publish a recipe for cranberry jelly? All my cookbooks have a different way of doing it.

MRS. H. B. LYONS. Place one pound of cranberries in a saucepan and add one cup of water; cover closely and steam until tender.

A SMART SUIT FOR EARLY SPRING



It is of navy blue tulle with a novel arrangement of plaits as trimming. A touch of color is added in the lining.

A Daily Fashion Talk by Florence Stone

THERE is a wide variety in the suits that are offered for your spring selection, and from those that have been chosen by smart women so far there will be less tendency to monotony.

I am showing an original little model today that has some of the most interesting of the new features and yet is decidedly distinctive.

I know the skirt would appeal to you, for it is short and smart with the necessary side drawers introduced in the form of plaited side panels.

What you like the sailor hat with its up turned brim or not, I want you to know, if you do not know already, that it is quite the newest and smartest sort of sailor hat.

Please Tell Me What to Do

By CYNTHIA

She Has a Problem Dear Cynthia—May I congratulate you on your splendid column?

I wish to start a subject that, I am positive, has been bothering young folks. May I? Here goes then: Getting acquainted without being introduced.

Opinions will not change the right of it, dear. Only under very unusual circumstances is it ever to be condoned—ordinarily it is to be condemned.

Writes on the Boys in Blue

Dear Cynthia—I would like to say a few words in favor of the boys in blue. As one who has neither near or distant relatives in the navy, I must say that the boys I have met have been perfect gentlemen in every respect.

Secretly Engaged

Dear Cynthia—Like many others, I also come to you for advice. I am a girl seventeen years of age and can pass through a crowd with a hard push.

Nests

I FELT the thrill before my eyes could see. The quickening of the heart of everything.

And, lo, while yet I marvelled it was spring. All habitats with birth and mystery.

Two sparrows building in a leafing tree. Drunken with bliss though garbed most quakerly.

Chirped of the rapture that they knew could not last. And I—I thought me of a country lane.

Where even now the crocuses must be Jeweling all the startling green again. And in the weeb, brown, snugly hidden nest.

My eager fancy leaped to clasp her—she With our small fledging safe upon her breast.

—Anna Spencer Twitchell, in the Designer.

LINEN FOR SCHOOLGIRLS



Pink linen it is, trimmed with white plaque collar and cuffs, tiny white pearl buttons and embroidered flowers.

Adventures With a Purse

ONCE read a very interesting article about children and dolls. It is said that a certain doll manufacturer, in designing a new doll, would always give one to several children and see whether they seemed to like the doll.

If you are going to be in town any time during the next few days I want you to do something for me.

You know those luncheon sets with the round dollies? Well, I don't want to tell you about them anyhow.

For names of shops, address Woman's Page Editor or phone Walnut 3000.

The Woman's Exchange

No Such Word as This

Dear Madam—Is there such a word as "psychological"? Please give me its definition.

There is no such word as "psychological," but there is a word "psychology," which is the adjective form of the word "psychology."

Idea for Costume

Dear Madam—I am president of a group of ten girls. My club is a branch of a large organization.

One of the easiest costumes to get up in a hurry is that of the French mid-nette, or sewing girl.

The Carmon costume is also easy, consisting of a full gathered skirt of bright color, a white waist and a fringed shawl that goes over one shoulder and under the other.

The midnight costume is pretty. This requires a black dress, preferably of tulle or something light and soft.

A pirate maid wears a simple waist and skirt, with a leather belt and a kerchief about her neck.

Then there are flowers. Mother Goose characters and old-fashioned costumes that are all pretty, but require more preparation than these.

More and More People are drinking INSTANT POSTUM

Instant Postum is a healthful, delicious beverage that is easy to prepare.

No One Need Buy Cuticura Before He Tries Free Samples

Isn't This a Beauty! Plain styles, charming in their simplicity, will be the vogue this Spring.

A Safe Defense against influenza or any germ-spread disease is our Givco-Formulin, which protects the mucous membranes without harming these delicate structures.

That Buy Anything from the leading stores of Philadelphia, Wilmington, Camden and New Jersey Easy Teru

FRAMBS & CLARK 1112 Chestnut St., Phila. 649 Guaranty Bldg., Lancaster City 30 N. Third St., Camden

LLEWELLYN'S Philadelphia's Standard Drug Store 1518 Chestnut Street

FRANK DI LUZIO 906 Walnut St. Walnut 7471

THEY WERE SO MUCH IN LOVE THEY RAN AWAY TO MARRY

And When They Came Back They Were Put "on the Shelf" by Their Young Unmarried Friends as Soon as the Glamour Faded

THEY were so deeply in love that they just couldn't take any interest in anything but each other.

Of course there was wild excitement in both families. The senior class buzzed with thrilled whispering and each member of it longed for an adventurous lover to carry her off and marry her before she graduated.

One of the easiest costumes to get up in a hurry is that of the French mid-nette, or sewing girl.

IT HAS been something of a let-down to them, although they are still very much in love and perfectly happy.

PLAN LECTURE SERIES Will Hold Talks at Girls' Catholic High School on Mondays

The first of a series of ten free lectures will be given this evening in the auditorium of the Catholic Girls' High School.

Caspar GOWNS Extend a cordial invitation to attend a showing of A Very Wonderful Collection of the Most Advanced Modes

SPRING GOWNS, SUITS, DRESSES for Women and Misses

Living Models TODAY AND TOMORROW

Feb. 23rd and 24th 12.30 to 3.30

EXQUISITE! No other word describes these ultra new spring modes.

1120 CHESTNUT ST. Next Door to Keith's Elevator to Second Floor

ATMORE'S MAKE-A-CAKE

ATMORE'S MAKE-A-CAKE

Makes cake-making easy. Mix it according to the simple recipes in the yellow and blue carton.

ATMORE & SON, Inc. 110-112 Chestnut Street Philadelphia

no eggs—no sugar needed

YOU CAN BEAT THE "PROFITEER"

by cutting out the expensive foods (so lacking in real nutriment) and eating the simple, natural, inexpensive foods that contain the largest amount of digestible nutriment.



STORE ORDERS

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This is what cleared my skin

Resinol Soap

